Information sheet for the course Quality of life

University: Alexander Dubček University of Trenčín

Faculty: Faculty of Social and Economic Relations

Course unit code: *KSaHV/lz28Vd/13* **Course unit title:** *Quality of life*

Type of course unit: *optional*

Planned types, learning activities and teaching methods: 2 hours per week. Full time,28 hours per semester

Number of credits: 3

Recommended semester: 6^{th} semester in the 3^{rd} year of study (full-time) 6^{th} semester in the 3^{rd} year of study (part-time)

Degree of study: *I* (*Bachelor*)

Course prerequisites: none

Assessment methods:

Continuous assessment: at least 50% attendance at lectures, active and creative teamwork in making and giving a presentation of the term project on the quality of life in Slovakia in accordance with the course content. A grade - 10 points, B grade - 9 points, C grade - 8 points, D grade - 7 points, E grade - 6 points. Credits will not be awarded to students whose term project was assessed with less than 6 points. Final assessment: end of semester during the examination period: written examination.

Learning outcomes of the course unit:

Students completing the course will be equipped with the theoretical background of quality of life. Students will be aware of socio-economic and psychological aspects of quality of life. Students will understand how quality of life is measured and will be able to distinguish many related concepts (life, lifestyle, living, social quality, well-being, life satisfaction, happiness). After successful completion, students will be ready to continue in their university studies.

Course contents:

1. Introduction and orientation - content of the course, recommended literature, examination prerequisites. Basic terms of quality of life.

2. Quality of life - historical context of the investigation and its role in a society.

3. Domains of quality of life.

4. Theoretical and conceptual apparatus - quality of life and related concepts.

5. Characteristics of quality of life.

6. Standardized questionnaires.

7. Sphere of quality of life.

8. Value system of the population.

9. Social inequalities and differentiation of population.

10. Spatial aspects of quality of life.

11. The European dimensions of quality of life.

12. Global lifestyle.

13. Free theme chosen by students. Consultation.

Recommended of required reading:

Masárová, T. – Živčicová, E.: Meranie kvality života. Georg, Žilina 2012

Masárová, T. – Sika, P. – Španková, J.: Kvalita života. In: Sociálna politika – aplikačné praktikum. TnUAD, Trenčín 2011

Antalová, M. – Laluha, I. – Bednárik, R. – Tkáčiková, J.: Kvalita života. Teória, metodológia, empíria. Ekonóm, Bratislava 2010

Laluha, I.: Kvalita života. In: Stanek, V. a kol.: Sociálna politika. Sprint dva, Bratislava 2011 Language: Slovak

Remarks: Evaluation history: 0					
0.0	0.0	0.0	0.0	0.0	0.0
Lectures: Ing. Tatiana Masárová, PhD.					
Last modification: 24.04.2014					
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