

## Information sheet for the course Physiotherapy Practice I

<b>University:</b> <i>Alexander Dubček University of Trenčín</i>					
<b>Faculty:</b> <i>Faculty of Health Care</i>					
<b>Course unit code:</b> <i>FyzPX1/e</i>			<b>Course unit title:</b> <i>Physiotherapy Practice I</i>		
<b>Type of course unit:</b> <i>compulsory</i>					
<b>Planned types, learning activities and teaching methods:</b> <i>Practice: 20 hours weekly/260 hours per semester of study; full-time</i>					
<b>Number of credits:</b> 5					
<b>Recommended semester:</b> <i>1<sup>st</sup> semester in the 1<sup>st</sup> year( part-time)</i>					
<b>Degree of study:</b> <i>I (bachelor)</i>					
<b>Course prerequisites:</b> <i>none</i>					
<b>Assessment methods:</b> <i>A student scores 50 points per semester. To obtain A, a student must score at least 48, to obtain B, a student must score at least 44, to obtain C, a student must score at least 41 and more, to obtain D, a student must score 38 and more, and to obtain E, a student must score at least 35. The credits are not granted to the students whose grade point average is 34 or lower.</i>					
<b>Learning outcomes of the course unit:</b> <i>By the completion of the course Physiotherapy Practice I a student learns to work in the natural conditions of healthcare team. He knows (is acquainted with) the basic diagnostic (muscle test, CFTR, length and girth of the extremities, spine dynamic tests). A student can use in a practical way the following physiotherapy techniques: respiratory and vascular gymnastics, is able to stimulate the patient's walking with verticalisation devises, is acquainted with and can demonstrate the basic types of walking with crutches.</i>					
<b>Course contents:</b> <i>1. Muscle Test 2. CFTR and Somatometry 3. Active, active assistive exercises and passive movements 4. Fitness Exercise 5. Positioning 6. Stimulation of the patient's walking with verticalisation devises, and practicing walking with crutches 7. Breathing gymnastics 8. Vascular gymnastics</i>					
<b>Recommended of required reading:</b> <i>JANÍKOVÁ, D.: 1998. Fyzioterapia – funkčná diagnostika lokomočného systému. Martin: Osveta, 1998. ISBN 80-8063-015-1.; TAKÁČ, P.: 2003, Klinická propedeutika v rehabilitácii. Trnavská univerzita, Fakulta zdravotníctva a sociálnej práce Trnava, 2003, ISBN 80-89104-16-9; GÚTH, A. et al.: 2011. Vyšetrovacie metodiky v rehabilitácii, Liečreh, Bratislava, 2011.; GÚTH, A. et al.: 2005. Liečené metodiky v rehabilitácii pre fyzioterapeutov. Liečreh Gúth, Bratislava, 2005, ISBN 80-88932-16-5.; JANDA, V.: 2004. Svalové funkční testy. Praha: Grada, 2004. ISBN 8024707225.</i>					
<b>Language:</b> <i>Slovak</i>					
<b>Remarks:</b> <i>It is necessary to be actively present during the practice (100%), there are not allowed any absences.</i>					
<b>Evaluation history:</b> <i>Number of evaluated students:184</i>					
A	B	C	D	E	FX

52.72%	22.83%	14.67%	6.52%	2.72%	0.54%
<b>Lectures:</b> <i>Mgr. Miroslav Černický; doc. MUDr. J. Čelko, PhD.; Mgr. J. Kotyra, PhD.; Mgr. P. Baňárová; Bc. Jarábková; Nováková Viera, Bc.; Hájková Miroslava Bc.; Holbová Zuzana, Bc.; Čmáriková Adriána, Bc.; Antalová Lucia Mgr.; Polinová Darina, Mgr.; Vaňková Zuzana, Mgr.; Salvová Andrea, Bc.; Prchliková Zuzana, Mgr.; Rýdza Emília; Chromík Juraj, Bc.; Štefanidesová Zuzana, Mgr.; Šťastková Petra</i>					
<b>Last modification:</b> 22.04.2014					
<b>Supervisor:</b> <i>doc. MUDr. Juraj Čelko, PhD.</i>					