

Information sheet for the course
The Basics of Prevention
Compulsory Subject

University: <i>Alexander Dubček University of Trenčín</i>	
Faculty: <i>Faculty of Health Care</i>	
Course unit code: ZakPrev/e	Course unit title: The Basics of Prevention
Type of course unit: <i>compulsory</i>	
Planned types, learning activities and teaching methods: <i>Lecture: 2 hours weekly/26 hours per semester of study; full-time</i>	
Number of credits: 2	
Recommended semester: <i>3rd semester in the 2nd year (part-time)</i>	
Degree of study: <i>1 (bachelor)</i>	
Course prerequisites: none	
Assessment methods: The student will acquire 50 points per semester - Student writes a seminar work on the foundations of prevention (20 points) - Credit by writing form (30 points) To achieve A, at least 48 points have to be obtained, to achieve B, at least 44 points have to be obtained, to achieve C, at least 41 points have to be obtained, to achieve D, at least 38 points have to be obtained and to achieve E, at least 35 points have to be obtained.	
Learning outcomes of the course unit: To acquaint with the etiology and pathogenesis of the most common diseases of different organ systems. To know the basic subjective complaints and objective symptoms. To get acquainted with the possibilities of their prevention with a focus on primary prevention. Students master the basics of methods, forms and means of prevention performance at all levels, particularly at the primary, positive influence on health awareness of clients and groups of population, methods for obtaining them for active participation in protecting and strengthening their health.	
Course contents: 1. Historical overview of prevention of diseases and health disorders. 2. The legal basis for the provision of health care - Law no. 103/1951 Coll. Of unified preventive and curative care. 3. The state health policy - (Act no. 576/2004 Coll. On health care and ..., Act no. 577/2004 Coll., On the scope of healthcare and Act no. 580/2004 Coll. Health Insurance. 4. Preventive action general (non-specific) and specific (prophylactic). 5. Separation prevention by time - primary, secondary and tertiary. 6. The links between disease prevention and health promotion. Prevention as part of the model of health promotion along with health education and health protection. 7. Health and social prevention - all external influencing factors on health. 8. Lifestyle risk factors, their reduction, monitoring and 9. Selected diseases of the cardiovascular system, diagnostics, prevention. 10. Diseases of the respiratory system, examples, diagnostics, prevention. 11. Tumors, examples, diagnostics, prevention 12. Fundamentals of addiction to tobacco, alcohol, non-substance addiction. 13 Health education as indispensable part of patient education in secondary	
Recommended of required reading: 1. ROVNÝ, I.: <i>Verejné zdravotníctvo</i> . Herba, Bratislava, 2009, ISBN 978-80-89171-60-6, 128s. 2. HEGYIL, a kol.: <i>Základ verejného zdravotníctva</i> . Herba, Bratislava, 2011, ISBN 978-80-89171-84-2, 288s. 3. ČELEDOVÁ, L., ČEVELA, R.: <i>Výchova ke zdraví, vybrané kapitoly</i> . Grada, Praha, 2010, ISBN 978-80-247-3213-8, 128 s. 4. KAŠČÁK M. <i>Klinická propedeutika</i> . Martin: Osveta, 2005, 90 s. ISBN 80-8063-215-4 5. Zákon č. 355/2007 Z.z. o ochrane, podpore a rozvoji verejného zdravia 6. Zákon č. 576/2004 Z.z. o zdravotnej starostlivosti, službách súvisiacich s poskytovaním zdravotnej starostlivosti a o zmene a doplnení niektorých zákonov.	

7. Zákon č. 577/2004 Z. z. o rozsahu zdravotnej starostlivosti, uhrádzanej na základe verejného zdravotného poistenia a o úhradách za služby súvisiace s poskytovaním zdravotnej starostlivosti.
8. Zákon č. 580/2004 Z. z. o zdravotnom poistení; Dokumenty Svetovej zdravotníckej organizácie – Zdravie 21, Zdravie 2020

Language: Slovak

Remarks:

Evaluation history: *Number of evaluated students*

A	B	C	D	E	FX

Lectures: MUDr. Věra Dobiášová, PhD. MPH

Last modification: 22.04.2014

Supervisor: doc. MUDr. Mária Štefkovičová, PhD., MPH.